

CAMPBELL COUNTY SCHOOLS – ELEMENTARY SCHOOL – NINE WEEK CYCLE MENU AUGUST 15 – DECEMBER 20 – 2017

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
August 14 & October 16, December 18	Pizza (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers <u>Choose up to 2 Vegetables</u> Fresh Broccoli Trees w/dip Corn Garden Side Salad WG Cookie Assorted Fruit Choices Milk	Corn Dog (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers <u>Choose up to 2 Vegetables</u> Vegetarian Bake Beans Oven Fries Carrot Sticks w/dip Assorted Fruit Choices Milk	Chicken Nuggets w/ Roll (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers <u>Choose up to 2 Vegetables</u> Mashed Potatoes Turnips Greens Garden Side Salad Assorted Fruit Choices Milk	Baked Spaghetti w/ Breadstick (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers <u>Choose up to 2 Vegetables</u> Green Beans Carrot Sticks & Tomatoes w/dip Garden Side Salad Assorted Fruit Choices Milk	Chicken Fillet w/ Bun (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers <u>Choose up to 2 Vegetables</u> Sweet Potatoes Bed of Lettuce w/pickles Veggie Tray w/dip Assorted Fruit Choices Milk
August 21 4& October 23	Hot Dog w/ Bun & chili (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers <u>Choose up to 2 Vegetables</u> Potato Wedges Cole Slaw Garden Side Salad Assorted Fruit Choices Milk	Hamburger on / Bun (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers <u>Choose up to 2 Vegetables</u> Vegetarian Bake Beans Sweet Potato Tots Garden Side Salad WG Cookie Assorted Fruit Choices Milk	Asian Chicken w/Brown Rice w/ Roll (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers <u>Choose up to 2 Vegetables</u> Green Peas Carrot Sticks & Tomatoes w/dip Spinach Salad w/apples & raisins Assorted Fruit Choices Milk	Cheese Sticks (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers <u>Choose up to 2 Vegetables</u> Marinara Sauce Corn Garden Side Salad Assorted Fruit Choices Milk	Chicken Tenders w/ roll (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ <u>Choose up to 2 Vegetables</u> Mashed Potatoes Turnip Greens Garden Side Salad Assorted Fruit Choices Milk
August 29& & October 30	Chicken Fajita w/shell (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers <u>Choose up to 2 Vegetables</u> Corn Salsa Garden Side Salad Assorted Fruit Choices Milk	Chicken Nuggets w/ roll (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers <u>Choose up to 2 Vegetables</u> Sweet Potatoes Turnip Green Garden Side Salad Assorted Fruit Choices Milk	Sausage Patties & Pancakes (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ crackers <u>Choose up to 2 Vegetables</u> Potato Rounds Vegetable Juice Garden Side Salad Assorted Fruit Choices Milk	Taco Meat w/Baked Scoops (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers <u>Choose up to 2 Vegetables</u> Salsa Refried Beans Garden Side Salad Assorted Fruit Choices Milk	Rib – B Q w /Bun (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers <u>Choose up to 2 Vegetables</u> Oven Fries Green Beans Garden Side Salad WG Cookie Assorted Fruit Choices Milk
September 4 & November 6	Corn Dog (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers <u>Choose up to 2 Vegetables</u> Green Beans Fresh Carrots & Tomatoes w/dip Garden Side Salad Assorted Fruit Choices Milk	Cheese Sticks (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers <u>Choose up to 2 Vegetables</u> Vegetable Soup Carrot Sticks w/dip Garden Side Salad WG Cookie Assorted Fruit Choices Milk	Oven Baked Chicken w/Corn Muffin (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers <u>Choose up to 2 Vegetables</u> Mash Potatoes Green Peas Spinach Salad w/apples & raisins Assorted Fruit Choices Milk	Chicken Fillet w/ Bun (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers <u>Choose up to 2 Vegetables</u> Vegetarian Bake Beans Fresh Broccoli w/dip Garden Side Salad Assorted Fruit Choices Milk	Pizza (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers <u>Choose up to 2 Vegetables</u> Corn Steamed Carrots Garden Side Salad Assorted Fruit Choices Milk

September 11 & November 13	<p>Hot Dog w/ Bun (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers</p> <p><u>Choose up to 2 Vegetables</u> Vegetarian Bake Beans Cole Slaw Garden Side Salad</p> <p>Assorted Fruit Choices Milk</p>	<p>Sausage Patties & Pancakes (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers</p> <p><u>Choose up to 2 Vegetables</u> Potato Rounds Vegetable Juice Garden Side Salad</p> <p>Assorted Fruit Choices Milk</p>	<p>Chicken Fajitas w/ Shell (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers</p> <p><u>Choose up to 2 Vegetables</u> Corn Steamed Spinach Garden Side Salad</p> <p>Assorted Fruit Choices Milk</p>	<p>Pork Chop w/gravy/roll (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers</p> <p><u>Choose up to 2 Vegetables</u> Green Beans Steamed Carrots Garden Side Salad</p> <p>Assorted Fruit Choices Milk</p>	<p>Chicken Nuggets w/Corn Muffin (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers</p> <p><u>Choose up to 2 Vegetables</u> Sweet Potatoes Steamed Cabbage Carrot Sticks w/dip</p> <p>WG Cookie Assorted Fruit Choices Milk</p>
September 18 & November 20	<p>Turkey & Gravy w/ Roll (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers</p> <p><u>Choose up to 2 Vegetables</u> Mash Potatoes Green Beans Garden Side Salad</p> <p>Chocolate Chip Cookie Assorted Fruit Choices Milk</p>	<p>Pizza l (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers</p> <p><u>Choose up to 2 Vegetables</u> Corn Carrots Sticks w/dip Garden Side Salad</p> <p>Assorted Fruit Choices Milk</p>	<p>Asian Chicken w/brown rice & Roll (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers</p> <p><u>Choose up to 2 Vegetables</u> Steamed Carrots Fresh Broccoli w/dip Garden Side Salad</p> <p>Assorted Fruit Choices Milk</p>	<p>Taco Meat w/Baked Scoops (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers</p> <p><u>Choose up to 2 Vegetables</u> Refried Beans Salsa Garden Side Salad</p> <p>Assorted Fruit Choices Milk</p>	<p>Pork Rib-B - Q w/ Bun (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers</p> <p><u>Choose up to 2 Vegetables</u> Green Peas Potato Wedges Garden Side Salad</p> <p>Assorted Fruit Choices Milk</p>
September 25 & November 27	<p>Corn Dog (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers</p> <p><u>Choose up to 2 Vegetables</u> Vegetarian Bake Beans Carrot Sticks w/dip Garden Side Salad</p> <p>Assorted Fruit Choices Milk</p>	<p>Chili Beans w/ crackers (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers</p> <p><u>Choose up to 2 Vegetables</u> Steamed Broccoli Bake Potato Garden Side Salad</p> <p>Assorted Fruit Choices Milk</p>	<p>Chicken Nuggets w/Corn Muffin (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers</p> <p><u>Choose up to 2 Vegetables</u> Sweet Potatoes Turnips Greens Garden Side Salad</p> <p>Assorted Fruit Choices Milk</p>	<p>Baked Spaghetti w/ Breadstick (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers</p> <p><u>Choose up to 2 Vegetables</u> Green Beans Carrot Sticks & Tomatoes w/dip Garden Side Salad</p> <p>Assorted Fruit Choices Milk</p>	<p>Chicken Fajita w/ Shell (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers</p> <p><u>Choose up to 2 Vegetables</u> Steamed Spinach Refried Beans Garden Side Salad</p> <p>WG Cookie Assorted Fruit Choices Milk</p>
October 2 & December 4	<p>Cheese Sticks (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers</p> <p><u>Choose up to 2 Vegetables</u> Marinara Sauce Vegetable Soup Garden Side Salad</p> <p>Assorted Fruit Choices Milk</p>	<p>Hot Dog w/ Bun & chili (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers</p> <p><u>Choose up to 2 Vegetables</u> Potato Wedges Cole Slaw Garden Side Salad</p> <p>Assorted Fruit Choices Milk</p>	<p>Honey BBQ Rib Strips w/ Roll (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers</p> <p><u>Choose up to 2 Vegetables</u> Vegetarian Bake Beans Steamed Broccoli Garden Side Salad</p> <p>Assorted Fruit Choices Milk</p>	<p>Asian Chicken w/Brown Rice w/ Roll (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers</p> <p><u>Choose up to 2 Vegetables</u> Green Peas Carrot Sticks & Tomatoes w/dip Spinach Salad w/apples & raisins</p> <p>Assorted Fruit Choices Milk</p>	<p>Chicken Fillet w/Bun (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers</p> <p><u>Choose up to 2 Vegetables</u> Green Beans Steamed Carrots Garden Side Salad</p> <p>Assorted Fruit Choices Milk</p>
October 9 & December 11	<p>Cheeseburger w/ Bun (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers</p> <p><u>Choose up to 2 Vegetables</u> Oven Fries Green Beans Garden Side Salad</p> <p>Assorted Fruit Choices Milk</p>	<p>Chicken Fajita w/ Shell (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers</p> <p><u>Choose up to 2 Vegetables</u> Corn Refried Beans Garden Side Salad</p> <p>WG Cookie Assorted Fruit Choices Milk</p>	<p>Toasted Cheese w/Chicken Noodle Soup (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ crackers</p> <p><u>Choose up to 2 Vegetables</u> Steamed Broccoli Carrot Sticks w/dip Garden Side Salad</p> <p>Assorted Fruit Choices Milk</p>	<p>Chicken Nuggets w/ roll (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers</p> <p><u>Choose up to 2 Vegetables</u> Baked Sweet Potato Green Peas Garden Side Salad</p> <p>Assorted Fruit Choices Milk</p>	<p>Pork Chop w/gravy w /Bun (or) Chef Salad (or) Sandwich of the Day (or) Yogurt w/cheese w/ Crackers</p> <p><u>Choose up to 2 Vegetables</u> Mashed Potatoes Steamed Carrots Fresh Veggie Tray w/dip</p> <p>Assorted Fruit Choices Milk</p>

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

BREAKFAST CYCLE MENU - AUGUST 15 – DECEMBER 20 – 2017

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Chicken Biscuit (or) Cereal (or) Breakfast Bar or Bun Select one or two fruits (with only one being juice) Fruit or Fruit Juice Milk	Mini Pancakes (or) Cereal (or) Breakfast Bar or Bagel Select one or two fruits (with only one being juice) Fruit or Fruit Juice Milk	Chicken Biscuit (or) Cereal (or) Breakfast Bar or Bun Select one or two fruits (with only one being juice) Fruit or Fruit Juice Milk	WG Muffin (or) (or) Cereal (or) Breakfast Bar or Bagel Select one or two fruits (with only one being juice) Fruit or Fruit Juice Milk	Bacon Egg & Cheese Biscuit (or) Cereal (or) Breakfast Bar or Bun Select one or two fruits (with only one being juice) Fruit or Fruit Juice Milk

Middle & High School Meal Prices 2017-2018

School Year:

<u>Breakfast:</u>	Full Price:	\$1.45
	Reduce Price:	\$.00
	Approved Free:	Free
	Adult	\$2.10
<u>Lunch:</u>	Full Price:	\$2.20
	Reduced Price:	\$.40
	Approved Free:	Free
	Adult:	\$3.35
Milk Flavors:	1% (White)	
	Fat Free (Chocolate & Strawberry)	

PARENTS!!

Charging lunch is a privilege and should be used only in an emergency. Notices sent home to parents are expected to be repaid the next school day. A la carte items (ice cream, juice, etc.) may not be purchased until the charge is paid. The treat money will be applied to the charge.

If you write a check to be placed on a child's account - please make the check payable to: **CAMPBELL COUNTY SCHOOL NUTRITION PROGRAM (CCSNP)**. Please indicate the child's name and account number on the check.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.) should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.